

Imperial
County
Community
Obesity
Prevention
Alliance



Working together to promote a healthy community.
www.iccopa.com



2021-2022 MEMBERSHIP FORM

Members of the Imperial County Community Obesity Prevention Alliance (COPA) share the vision, trust, and ownership of the alliance. COPA serves as a forum to discuss community obesity issues, best practices related to community obesity prevention and treatment; provides training and workshops related to community obesity, and builds partnerships within the community to promote policy, systems, and/or environmental change related to health.

To become a member of COPA, please complete this membership form and return it to COPA Chairman Corina Ojeda via e-mail ImperialCountyCOPA@gmail.com. For more information about COPA, please visit <https://www.iccopa.com/>

Member Name: _____ New member _____ Renewing member _____

Organization: _____ **Title:** _____ **Phone:** _____

E-mail address: _____

Please list (3) top skills you possess and are able to contribute to the coalition efforts.

Data collection Graphic design Public speaking Outreach
 Event planning Social media Community recruitment
 Meeting facilitation Leadership skills Other: _____

Indicate your workgroup interest: Select the workgroup(s) that you would like to take part in.

Physical Activity Nutrition/Healthy Eating Food Security

DATE: _____

Workgroups Descriptions

Physical Activity Workgroup

The Physical Activity Workgroup brings together local organizations, schools, and community members who are committed to encourage and support policy, systems, and environmental change efforts that increase access to physical activity opportunities. The Workgroup provides expertise and assistance to the community to implement strategies such as Safe Routes to School interventions as well as, promoting active living to improve the health and wellbeing of the community, increase the enjoyment of moderate to vigorous physical activity, and provides evidence-based resources for the community.

Workgroup Leaders: Pending

Nutrition/Healthy Eating Workgroup

The Nutrition/Healthy Eating Workgroup brings together local organizations and community members who are committed to increased health and nutrition for individuals and families in Imperial County. NHEW aims to expand and strengthen local collaboration and partnerships, and streamline nutrition messages and materials distributed in the community. NHEW collectively works on strategies that increase the consumption of and access to healthy foods and beverages, set nutrition standards that promote healthy eating and use behavioral economics to make healthy eating the easy choice. In addition, NHEW provides technical assistance to organizations interested in policy, system, and environmental efforts related to healthy eating that lead to sustainable changes within Imperial County.

Workgroup Leaders: Pending

Food Security Workgroup

The Food Security Workgroup oversees efforts in Imperial County to reduce food insecurity. This workgroup was formed as a direct result of the high food insecurity rate in Imperial County. The workgroup provides an opportunity for collaboration, knowledge exchange, and advocacy among interested stakeholders working towards effective solutions to the problem of food insecurity in Imperial County. While Food Security Workgroup's main goal is to decrease food insecurity in the county, the workgroup also has a goal of increasing access to healthy food. This workgroup will focus on volunteers for the function of the work, work with schools in the communities to assist with their pantries, and have a food resource guide for people to know the food assistance locations in Imperial County.

Workgroup Leaders: Pending

Do we have permission to list your organization as a coalition for Community Obesity Prevention Alliance (COPA) in coalition-related materials, advertisements, website, and/or social media posts, as appropriate?

YES _____ **NO** _____